



# HomeopathyWorks.net

***Joette Calabrese presents HomeopathyWorks.net, where mothers  
are empowered via Homeopathy.***

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Dear *Name*,

Summer is winding down and kids are joining back up with friends after a wonderful summer away. As a mom, you may need to watch out for those pesky red, itchy, oozy eyes... But before you panic and run to your pediatrician read my article below.

Love,



Interested in finding out if Homeopathy is a fit for your health strategy? Or just want to learn more? Call (716-941-1045) or [EMAIL](#) us to set up a FREE 15 minute phone conversation with Joette.

## Quote From Joette:

"Let me urge you... No, entreat you to read, read, and read. And when you finish studying and using these pages, read and study more. For the power in homeopathy is that your health is in *your* hands; not big pharma, not the archaic and self serving medical associations, not the government, but in your capable and trustworthy hands. "

**Joette Calabrese HMC, CCH, RSHom(Na)**

## Hot Off the Press!

**NEW!** Listen [HERE](#) to Joette's newest Radio Interview with Ginger Leilani Chapin & *Conscious Lifestyles Radio*.

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Also check out Joette's column *The Homeopathy Journal* in *Wise Traditions*, the quarterly journal of the Weston A. Price Foundation. Her newest article, entitled [Radiation & Community Illness](#) was published in the Summer 2011 edition.

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**Kim Hartke's Blog, *Hartke Is Online***: Is where you can find Joette's newest online publication [Mommies Beware! This Excitotoxin is Hidden in your Food](#)

## Pinkeye, Homeopathy and Common Sense



Conjunctivitis. Pinkeye. Eye infection. Whatever you call it, it means the same thing; inflammation of the conjunctiva. It often troubles children, but adults can also be afflicted and it is very contagious.

Yet, conjunctivitis is rarely serious. If subterraneous layers of the eye are affected, there is concern for deeper pathology, yet this is an

uncommon occurrence. If viral in nature, no antibiotic will affect it and it will secrete clear and watery tears, while discharges that are colored thick, yellow or greenish, are generally bacterial. Even without treatment, most of these infections resolve within 10 days or so.

Clinical studies have shown that a worthwhile way to treat this illness is with the herb eye bright or *Euphrasia*. If purchased in alcohol as a tincture, it needs to be diluted 1:25. That is, one drop of tincture to 25 drops of warm water.

This mixture has been shown to be valuable when dropped directly into the eye, several times each day it will likely move along the infection quite nicely within a few days.

Homeopathy, however, has been shown to be the most profound and effective way of treating pinkeye. It will not only abort the present condition, but support the system so that the likelihood of it returning will be lessened. If, in fact, it does return, it will be of a lesser severity.

This is the kind of health we're looking for... robust, resilient and independent of the props of modern pharmacology.

When choosing a homeopathic remedy for conjunctivitis, the method most frequently used is to give a dose three to four times in a 12 hour day for as long as three days. As in most homeopathic settings, as soon as there is good improvement, the remedy is stopped.

If it continues, so does the remedy. If, however, there's no discernable improvement after 2 days, then its time to consider the next remedy. It's a matter of it working or not. If not, then the remedy was ill chosen. This is so for homeopathy in general. It's not that the remedy didn't work, it's that the wrong one was chosen.

The first homeopathic remedy to consider for conjunctivitis

is *Belladonna* 30. The need for this remedy is determined by the intense redness of the eyes, including bloodshot appearance to the whites. There may be pain that is throbbing in nature or the eye may be experienced as hot.

External environments affect the comfort, such as too many lights and even loud noises. The inflammation might also be accompanied by a fever or it may not. The use of *Belladonna* when the eye infection comes on quickly is advised to be used as soon as possible.

*Euphrasia* 30 is another homeopathic remedy of great value in pinkeye. It is made from the herb, eye bright, discussed above, but when potentized in the homeopathic method, it become a powerhouse.

The use of this remedy is most valuable when there is a large quantity of clear flow of watery tears that burn the eye and surrounding skin. This may, in time, develop to a greenish or white discharge and there can be a sensation as though a foreign object, such as sand, is embedded in the eye.

*Pulsatilla* is the homeopathic remedy for pink eye in which there is a great deal of itching. There is often a thick yellow to greenish discharge that doesn't excoriate the skin. The person needing this remedy is often a female, but not always. She may be extra clingy and may be made worse in a warm room and more comfortable in cool breezes.

Cool water applied to the eyes is often soothing and she will crave this. Eruptions may appear around the eyes and on the lids such as pimples, whiteheads and scales. Often this person has little to no thirst.

There are also eruptions around the eyes and on the lids of someone who needs the remedy *Mercurius*. It should be considered when there is discomfort from being in a warm room, as well as yellow to green discharge, just like *Pulastilla*. The skin around the eyes is less

irritated, but the eyes themselves are inflamed. The differential between Mercurius and *Pulsatilla* is often the personality. So remember, the clingy weepy child is usually in need of Pulsatilla.

Homeopathy is medicine for busy moms. There is nothing like the ability to take care of your children with confidence and information that you can count on. Homeopathy delivers that. It is inexpensive, easily dispensed, readily available, gentle and most importantly, it works.

*The information provided in this article is for educational purposes only and may not be construed as medical advice. The reader is encouraged to make independent inquiries and to seek the advice of a licensed healthcare provider.*

## **There is always MORE!**

Have we whet your appetite for more? There is always something new to discover on with Homeopathy & we can help you find it. Below you will find helpful links to take you and connect with us.


If you are new to our email list you can even check out our past e-newsletters [HERE](#) in our archives.

## **Books, Downloads and CD's from Joette:**

If you liked today's issue, you'll LOVE learning more about Joette's programs and services for those seeking robust health via homeopathy. Joette offers a FREE audio CD, a great blog, lots of FREE articles, workshops, coaching and other resources to help mothers (and interested fathers too). Learn more now at our website [CLICK](#) and more great products [HERE](#).

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## Have a Suggestion?

If you have a specific question you'd like answered or topic covered in future issues, please E-mail suggestions [CLICK HERE](#) or post comments on our [BLOG](#)

## About Joette HMC, CCH RSHom(Na)



Joette Calabrese teaches and instructs folks how to add, obtain and maintain authentic, vigorous health via homeopathy and sound nutrition by offering time-tested and scientific principles. She has become a trusted voice that is decidedly educated, experienced and committed and has a following of discerning clients throughout the United States and abroad.

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Classical Homeopathy  
444 Vermont  
Buffalo, New York 14213  
United States  
(716) 941-1045